



FULTON WRESTLING



Proud of the Past - Working for the Future

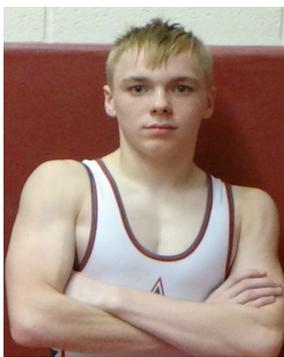
August 22 , 2016

Four Seniors Expected To Anchor 2016-17 Team

All Four Are Returning Section III Tournament Medalists

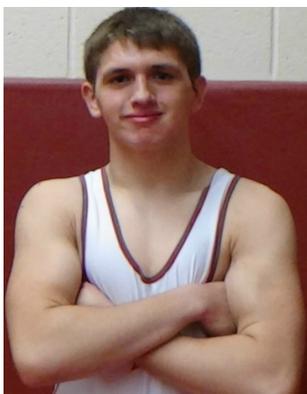
With the official start of wrestling season a short ten weeks away, coaches are pointing to Wyatt Willis and fellow seniors Jared Crucitti, AJ Yablonski, and Roy French to set the tone and style for the 58th edition of Fulton Wrestling. "We have a lot of young talent capable of winning a lot of matches but these four seniors plus juniors Sam Jones and Jon Parrish are the key to a good - possibly a great season," said third year coach Jeff Waldron. "These upperclassmen work hard and are physically and mentally tough," he said. "They need to work harder still, get even tougher and lead their younger teammates to do the same," added Coach Waldron.

When it comes to hard work, two-time Section III Tournament medalist Wyatt Willis has led the way on the mat and in the weight room. A two-year letterman, Willis will have wrestled more than 70 matches in the off-season - the equivalent of two regular seasons.



Wyatt Willis

Working along side Willis is Section III medalist Andrew Yablonski. A four year letter winner, Yablonski has struggled with multiple injuries during his career but he has been very impressive during the off-season in not only how much wrestling he has done but how well he's been wrestling.



Andrew Yablonski

Add to this senior leadership team Jared Crucitti and Roy French. Crucitti looks to repeat as Section III Champ and earn his way to the medal stand at the state tournament and coaches have high expectations for French who will be entering his final wrestling season with 50 career varsity wins to his credit and a 5th place finish in the section .

While the seniors are expected to provide the leadership for the team, a lot of the team's success will depend on juniors Sam Jones and John Parrish. Graduation claimed starters Noah Gates and Aaron Yablonski at the 220 pound and 195 pound weights and Jones and Parrish are expected to take over these spots.



Sam Jones

Last season, Jones was ranked in the section as high as #4 at 285 lbs. but he was behind teammate Crucitti in the line-up. After the season, he earned All-American honors at the Mid-Atlantic Wrestling Association Tournament in Maryland and placed in a bunch of other folkstyle and freestyle tournaments.

Getting Jones down to 220 pounds is critical to the team's success but so is getting John Parrish up to 195 pounds.. A returning letterman at 182, Parrish has been "living in the weight room" to get big enough and strong enough to compete and be successful on varsity at this heavier weight class.

Finally, Coach Waldron singled out juniors Corey Pipher and Collin Parker as important returning wrestlers who are expected to see a lot of action in the upcoming season.

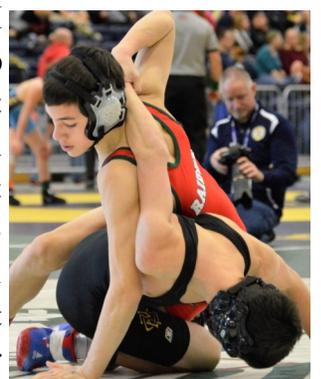
Coach's Corner



Fall sports are underway and coaches are starting to look at how the next edition of Fulton Wrestling is shaping up. As always, who grew and by how much, is the biggest factor. Oftentimes, the "growth factor" presents us with some difficult challenges - like having two or three of last season's starters growing into the same weight class or finding ourselves dangerously thin at a weight or, worse yet, without a wrestler at all for another weight. Plus, every year during the season, we are faced with the problem of filling a weight because of an injury or some other reason that takes someone out of the line-up. What does this mean for a team like us that has sectional and state championship goals? It means each and every wrestler is important regardless of skill level, past record or spot on the

team. You don't have to look very far to find championships that were lost because someone didn't come out or someone quit because they thought or they were made to feel that they weren't important to the team. Similarly, you don't have to look very far to find championships that were won because a kid who never won a match in junior high performed for the team in a huge dual that helped deliver that championship.

News and Notes - Section III Tournament runner-up **Kaleb Carrion** re-injured his wrist at the Victor Duals. Tough break for one of the toughest kids on the team. He had surgery and will miss the fall wrestling opportunities but we hope to have him back for the start of the regular season.



Kaleb Carrion

Cole French should be back any day from his wrist injury. We will have wrestlers competing in the **State Fair Challenge** August 27-28 and in **Puerto Rico** Columbus Day weekend.