



FULTON WRESTLING



Proud of the Past - Working for the Future

June 16, 2014

Busy Summer For Fulton Wrestlers Competition and Camp

“Summer Wrestling Makes Winter Champions”

With just a few more days left in the school year, Fulton’s wrestlers are looking at the summer as an opportunity to improve their skills and gain valuable mat experience.

First on the summer agenda is Fulton’s Champions’ Camp. This particular camp is run exclusively by clinicians who were Fulton Wrestling Champions. Wrestlers will learn high level techniques from clinicians who won championships in the Fulton wrestling program.

This is a split session camp, Junior High and younger wrestlers will attend the 9-11:30am morning session and high school wrestlers the 12:30-3:00pm afternoon session.

The camp will be held at the Fulton Wrestling Club practice facility located at Fulton’s CYO.

More info and the application will be available at: FultonWrestling.com

Questions? Contact Coach Waldron (315) 806-3123

Matt "The Hammer" Hammill's Visit 3X NCAA Champ and MMA Star

Three-time NCAA Champion and current MMA star Matt Hammill recently spoke at the Fulton Junior High about his life and wrestling career.

Hammill, whose life story was the subject of a movie appropriately named “The Hammer” talked about the struggles and obstacles he faced as a deaf athlete and ultimately how the sport of wrestling helped him overcome these challenges and become a champion.

Hammill agreed to speak at the school after being contacted by Dan Farfaglia and Coach Jeff Waldron. Waldron took it from there and made it happen.

After his presentation, Hammill stayed to sign autographs and pose for pictures with the students.



3x NCAA Wrestling Champion and MMA star Matt Hammill recently spoke to students at the Fulton Junior High at the invitation of Coach Jeff Waldron and Fulton Wrestling Alum Dan Farfaglia.

Wyatt Willis "Doin' What It Takes"



A few months ago, at the wrestling club banquet, Coach Jeff Waldron named Wyatt Willis the Junior Varsity’s Most Outstanding Wrestler. While the award is quite an honor, Willis seems to have taken it as a sign of not so much what he had done but rather what he needed to do in the “off-season”.

The freshman leads all his team mates in Fulton Wrestling’s Off-Season Training Program. The most consistent participant in the weight room, he also leads the team in the category of “most matches wrestled” since the end of the regular season. So far, he has competed in ten tournaments and six duals and will likely surpass fifty individual matches by summer’s end.

“We’re really excited about Wyatt’s work ethic,” said Coach Waldron. “He’s getting better every day”.

More News & Notes

There were four wrestlers who received awards for academics last week: **James Bailey, Jonathon Earl, Jacob Bailey, and Victor Runaere**....Fulton Wrestling Alum and Oswego State wrestler **Tomas Garcia** made the Dean’s List at SUNY Oswego....The Memorial Day weekend car was a big success. Big thank you to **Gary Yablonski** for running the event and thanks to the wrestlers who worked all day: **Mitch Woodworth, Mitchell LaBeef, Jon Earl, Wyatt Willis, Aaron Yablonski, Andrew Yablonski, Noah Gates, Colin Flynn and Tim Holden**....**Mitch Woodworth** will be attending J Robinson’s Intensive Wrestling Camp for four weeks of training this summer.

